

# Adult Program Trip Brochure

## January through December 2018

A guide to Adult Program Trips: Day Trips, Multi-Day Trips, S.O.A.R., Read and Go, Read and Watch and FAQ's



**RALEIGH** Parks,  
Recreation and  
Cultural Resources  
[parks.raleighnc.gov](http://parks.raleighnc.gov)

Anne Gordon Center for Active Adults 919-996-4720  
Five Points Center for Active Adults 919-996-4730  
Walnut Terrance Neighborhood Center 919-996-6160



# Day Trips and Multi-Day Trips

We offer a variety of day trips throughout the year that are open to all adults. No specific dates or prices are listed with the trip information as these trips are being planned throughout the year. Use this trip information as a guideline for the exciting trips to come. Complete the Yearly Trip Registration form on back of this brochure to receive trip fliers and registration information by mail.

## Day Trips

### **January - Sanford, NC: Temple Theatre**

Classic Nashville Road Show II: The Sequined Sequel—Jason Petty and Katie Deal come back for an encore. Journey down memory lane with favorite classic hits honoring the world's most beloved county greats! The show features renowned duets, poignant tunes and gospel tradition. Get swept back in time with songs made famous by Dolly, Hank, Patsy, Tammy, George, Merle, and many more.

### **February - Greensboro, NC: The Barn Dinner Theatre**

The Service at Rocky Bluff: A Hilarious Musical Comedy—How does a church keep their pastor away from a search committee trying to “steal” him away? Find out in this hilarious show chock full of gospel music, tons of laughs, and Bobby Socks—the Bible bookworm!

### **March - Charlotte, NC: Billy Graham's Library**

This 40,000 square-foot library is an experience that allows visitors to discover the life and legacy of Billy Graham. His journey from a humble farm boy to an international ambassador of God's love. Tour the Graham family home place, restored using 80 percent of the original materials.

### **April - Raleigh, NC: Raleigh Occupied 1865**

The Raleigh Civil War Round Table President Ted Kunstling will bring you back into time just as Raleigh would have been in 1865. See the structure and sites which witnessed dramatic events hearing the stories from both sides of the Civil War from the people.

### **May - Jordan Lake, NC: Eco Boat Tour**

Sit back and relax as you drink in the sights of nature as you glide across the waters of Lake Jordan. Enjoy the talk about the lake, the birds, the dam and its spillway.

### **June - Kernersville, NC: Korner's Folly**

Built in 1880 and once billed as “The Strangest Home in the World,” but it is not really a home in the conventional sense. Artist, decorator, interior designer Jule Gilmer Korner conceived of this structure as an entertaining space, bachelor quarters and showroom for the wares of his decorating and house furnishing company. The home was built with 8 different sizes of bricks, no two windows or door ways are the same.

### **August - Salisbury, NC: Fading D Farm**

Discover the uniqueness of raising water buffalo, learn about cheese making and how this small family owned farm began.

### **September - Cameron, NC: Aloha Safari Zoo**

Lee Crutchfield is on a mission to rescue animals in need. The zoo is home to over 400 rescued animals that were previously injured, abandoned, abused, neglected, or were unable to be cared for by their previous owners giving them a forever home. The animals include bears, kangaroos, monkeys, giraffes, donkeys and much more.



# Day and Multi-Day Trips

## Day Trips Continued

### October - Charlotte, NC: Chinese Lantern Festival

Make no mistake these are not hand-held, candle-lit lamps. Chinese lanterns are made by masters of the craft in Zigong, China. Zigong is China's center of lantern heritage. The lanterns are made out of silk and paper, evolving into the wondrous shapes and sizes. More than 800 handmade lanterns will fill more than 12 acres. In addition, marvel at kung fu shows, savor Asian food and browse the marketplace that features authentic Chinese folk art and crafts handmade onsite.

### November - Lake Norman, NC: Site Seeing Cruise

Enjoy a narrated tour of Lake Norman discovering the history, sights and celebrity homes from the water aboard the Catawba Queen Mississippi River boat.

### December - Youngsville, NC: Festival Lights at Hill Ridge Farm

What a great way to celebrate the holiday season than an old fashioned celebration. Ride a covered wagon hayride through the acres of beautiful light displays, tell Santa what you would like, have your picture taken with him or just wander through the Old Fashioned Toy & Candy Store.

## Multi-Day Trips

### Colorado Rockies, Historic Rails and Western National Parks

Colorado National Parks are sights to behold, from mountains to sand dunes, the colorful state has so much to offer. Journey from the massive peaks and rugged canyons to the huge dunes. Highlights include 5 National Park visits: Rocky Mountain, Mesa Verde, Arches, Canyonlands and the Great Sand Dunes, 3 Train Experiences: Durango & Silverton Railroad, Pikes Peak Cog Railway and the Royal Gorge Train.

### New York City for the Winter Holiday

Getting into the holiday spirits is not hard to do in New York City. Winter holidays are filled with white lights & the Rockefeller Center Christmas Tree, the amazing 5th Avenue window displays, shopping, museums and Broadway shows. Shop at the Union Square Holiday Market or 34th Street Macy's Department store. Tour the city with a guided tour, visit the city highlights: Central Park, Battery Park, World Trade Center and the Empire State Building. The trip would not be complete without enjoying a Broadway Show.

## Multi-Day Trip for 2019

### Iceland - A Land of Fire and Ice

Iceland is a beacon of nature's majesty and culture: crystal-blue waters off the Snæfellsnes coast, the mossy hills dotted with countless waterfalls, or the glowing sunset sky. Explore Reykjavik, a sophisticated European city with museums, galleries, theaters, and much more. Travel to Tringvelier National Park, a UNESCO World Heritage Site. View the geothermal pools at Geyser and breath in the beauty of the Gullfoss/Golden Falls, Tour the South Coast or take a dip in the healing waters of the Blue Lagoon.

# S.O.A.R. Trips

The **S**ocial **O**utdoor **A**ctive **R**ecreation (SOAR) program offers adventurous trips geared for adults 50+ but is open to all adults. The Adult Program has partnered with the PRCR Adventure Program to offer some amazing active trips. There are no special skills required to participate just an adventures and open mind. No Xers here, just a group of individuals looking participate in outdoor activities with others and/or to check items off their bucket list.

## Day Trips

### Indoor Skydiving - No heights required

Experience the freedom that skydivers have for decades without a plane or parachute. Indoor skydiving involves a vertical chamber (imagine a massive silo with windows) that has the most powerful fans you've ever seen, blowing lots of air into the tunnel from below. All you have to do is lean into the airflow and take flight! You will receive hands on classroom step-by-step instructions by an experienced skydiver before even stepping into the wind tunnel.

### Canoeing and Trails - Forest Ridge/Falls Lake

Head out to the smooth waters of Falls Lake at the newest City of Raleigh park, Forest Ridge. Begin the day learning basic fundamentals of canoeing with the experienced Adventure Program staff before heading off on a guided paddling trip around the lake. Learn the history of Forest Ridge and experience all the new amenities, including light walks through the park discovering the amazing nature in your own back yard.

## Multi-Day Trip

### Whitewater Rafting and Hiking - Bryson City, NC

Enjoy this amazing experience with a fully guided paddle and light hikes. North Carolina's shimmering Nantahala River offers river rafting through family-friendly rapids that are mild but exciting. The Nantahala features eight miles of practice on easy Class II rapids before splashing through the exciting Class III whitewater of Nantahala Falls. Bryson City is a small town tucked in the southern side of the Great Smoky Mountains. Spend your leisure time exploring a town that is filled with both old and new. Want to enjoy the mountain views but not sure about the rafting or hiking? Not a problem—this trip will have options for the activities.

## 2019 Trip

### Maine - Adventure in July

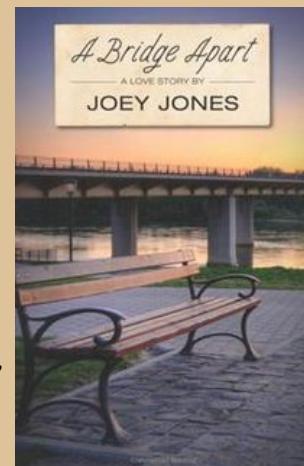
Portland, Maine in the summer is sunny but not hot, breezy but not cold, the perfect place to explore. From ornate mansions to ocean views, this charming city is the largest in Maine. Ride to the top of the highest peak in New England, Mt. Washington, on the worlds first mountain climbing Cog Railway Train. Enjoy the spectacular views and some light hikes on Mt. Washington. Take in the breathtaking views of the jagged coast lines and pristine lakes of Acadia, the first national park east of the Mississippi River. Spend your day on light hikes of the park, kayak along the gentle ocean coast line or watch the sunrise atop Cadillac Mountain.

# Read and Go

This is a book club with a twist. We read books written by NC authors or books based in NC, have a book discussion and then go on a trip based on the book. The authors are involved in the book discussion, trip planning as well as sometimes going on the trip. This program has gotten so popular the authors are now contacting us to use their books.

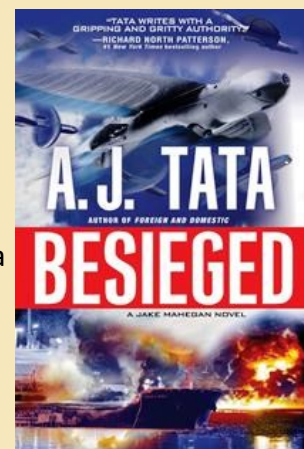
## **A Bridge Apart, Joey Jones *\*May have to purchase***

In the quaint river town of New Bern, North Carolina, at 28 years old, the pieces of Andrew Callaway's life are all falling into place. His real estate firm is flourishing and he's engaged to be married in less than two weeks to a beautiful banker named Meredith Hastings. Meredith heads to Tampa, Florida, the wedding location, with her mother. Fate, or maybe human intervention, has it that Andrew happens upon Cooper McKay, the only other woman he's ever loved. Andrew begins to question whether he can trust his fiancé and finds himself spending time with Cooper. Andrew soon discovers he's making choices he might not be able, or even want, to untangle. As the story unfolds, the decisions that are made will drastically change the lives of everyone involved, and bind them closer together than they could have ever imagined.



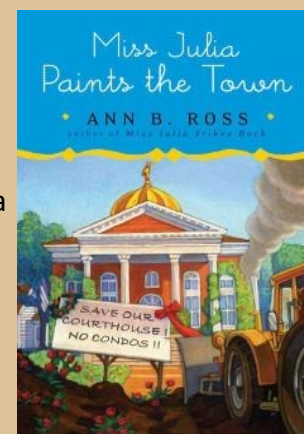
## **Besieged, A. J. Tata**

It starts with the unthinkable. A school under siege. A shooter in the classroom. A nightmare scenario that has become all too common in today's United States. But this time, former Delta Captain Jake Mahegan is there when it happens. Checking in on the schoolteacher daughter of a colleague, Mahegan finds himself face to face with a merciless gunman rigged as a suicide bomber. The teacher shoots the gunman, Mahegan is knocked unconscious, and a twelve-year-old autistic girl named Misha is kidnapped. When the smoke clears, Mahegan is left with a long list of questions and a deeply personal mission to rescue Misha. It's all part of a bigger, darker conspiracy that's taking domestic terrorism to a whole new level. It's up to Mahegan to stop what could be the most devastating attack in U.S. history.



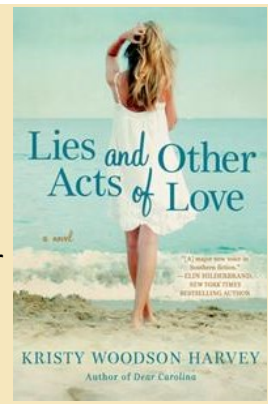
## **Miss Julia Paints the Town, Ann B. Ross**

Development threatens Abbottsville, but not for long when Miss Julia takes on the cause. When developers threaten to bulldoze the old courthouse to make way for condominiums, Miss Julia is dismayed. She enlists the help of Etta Mae Wiggins in a plot to scare off the money by exposing the town's many eccentric characters. Tonya's sex change, Julia's stint as a biker chick, Brother Vern's evangelistic passion, and a mysterious apparition on a church wall. As if this isn't enough to keep Miss Julia busy, she soon also discovers that several of her friends' husbands have vanished, and her own husband seems to be as scarce as hen's teeth. Marriages, divorces, fraud charges, and reconciliations all play out against a backdrop of Miss Julia's struggle to save Abbottsville's historic courthouse, her marriage, and her sanity.



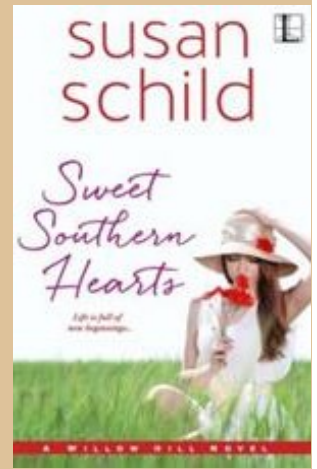
### **Lies and Other Acts of Love, Kristy Woodson Harvey**

After sixty years of marriage and five daughters, Lynn “Lovey” White knows that all of us, from time to time, need to use our little white lies. Her granddaughter, Annabelle, on the other hand, is as truthful as they come. She always does the right thing—that is, until she dumps her hedge fund manager fiancé and marries a musician she has known for three days. After all, her grandparents, who fell in love at first sight, have shared a lifetime of happiness, even through her grandfather’s declining health. But when Annabelle’s world starts to collapse around her, she discovers that nothing about her picture-perfect family is as it seems. And Lovey has to decide whether one more lie will make or break the ones she loves.



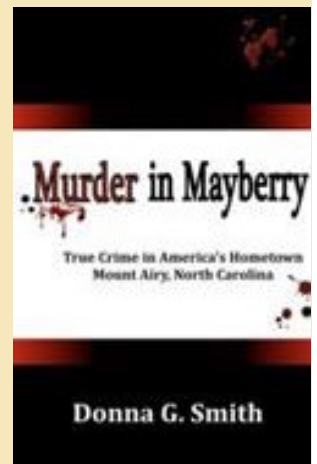
### **Sweet Southern Hearts, Susan Schild**

When it comes to marriage, the third time’s the charm for Linny Taylor. She’s thrilled to be on her honeymoon with Jack Avery, Willow Hill’s handsome veterinarian. But just like the hair-raising white water rafting trip Jack persuades her to take, newlywed life has plenty of dips and bumps. Jack’s twelve-year-old son is resisting all Linny’s efforts to be the perfect step-mother, while her own mother, Dottie, begs her to tag along on the first week of a free-wheeling RV adventure. Who knew women “of a certain age” could drum up so much trouble? No sooner is Linny sighing with relief at being back home, than she’s helping her frazzled sister with a new baby, and dealing with an unexpected legacy from her late ex. Life is fuller and richer than she ever imagined, but if there’s one thing Linny’s learned by now, it’s that there’s always room for another sweet surprise.



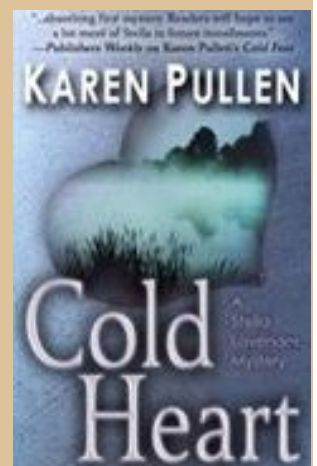
### **Murder in Mayberry: True Crime in America’s Hometown, Mount Airy, North Carolina, Donna G. Smith** \*May have to purchase

In the foothills of the Blue Ridge Mountains lies the town of Mount Airy, North Carolina. Mount Airy served as the inspiration for the fictional town of Mayberry featured on the hit television series, The Andy Griffith Show. Much like its fictional counterpart, Mount Airy is still characterized by many of the qualities and values that endear Mayberry to so many people. Mount Airy is the hometown of Andy Griffith and is thought of as America's Hometown. However, amazing true crime stories, spanning the years 1892 to 1976, happened in the real Mayberry. Some of the stories you will read may sound beyond belief. You may find yourself saying "It couldn't have happened in Mayberry," but it did! The book contains 25 short stories that cover 35 murders. The story will take you from the murder to the conclusion of the trial.



### **Cold Heart, Karen Pullen**

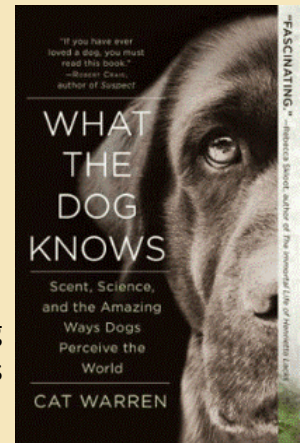
Motivated by her mother's long-ago unsolved abduction, Stella Lavender joins the North Carolina SBI only to be severely challenged by her first assignment: undercover drug agent. Working nights, buying drugs from dealers, gathering evidence to send them to prison or turn them into informants. The physical danger and the necessary betrayals are getting to her. With a chance to work homicide, she'll take it. One day Stella gives a hitchhiking teenager a ride to her babysitting job. Horror awaits them. The father lies dead in a pool of blood and his toddler is missing. Stella joins the investigation as the puzzle quickly grows. Where is the toddler? A dizzying array of plausible suspects provides more questions than answers. At the same time, Stella's personal life offers plenty of distractions. Her grandmother Fern, a free-spirited artist with male admirers wrapped around every one of her paint-stained fingers, needs Stella's help with expensive house repairs. And Stella's attraction to three very different men means her romantic life is, well, complicated.





## **What the Dog Knows, Cat Warren**

A firsthand exploration of the extraordinary abilities and surprising, sometimes life-saving talents of “working dogs”, who can sniff out drugs, find explosives, even locate the dead, told through the experiences of a journalist and her canine companion. There are thousands of working dogs all over the US and beyond with incredible abilities. They can find missing people, detect drugs and bombs, pinpoint unmarked graves of Civil War soldiers, or even find drowning victims more than two hundred feet below the surface of a lake. Cat Warren is a university professor and journalist who had tried everything she could think of to harness her dog Solo’s boundless energy and enthusiasm, until a behavior coach suggested she try training him to be a “working dog.” What started out as a hobby soon became a calling, as Warren was introduced to the hidden universe of dogs who do this essential work and the handlers who train them.



Barcode #	Book Title	Discussion Date/Time	Tentative Trip Month
#219156	A Bridge Apart	February 26, 1:00 pm	March
#219157	Besieged	March 26, 1:00 pm	April
#219158	Miss Julia Paints the Town	April 23, 1:00 pm	May
#219159	Lies and Other Acts of Love	May 7, 1:00pm	June
#219160	Sweet Southern Hearts	June 25, 1:00pm	July
#219173	Murder in Mayberry...	August 27, 1:00pm	September
#219174	Cold Heart	September 24, 1:00pm	October
#219175	What the Dog Knows	October 22, 1:00pm	November

## **Schedule For Discussions and Trips**

- Pre-registration is required for all book discussions at least one week prior to discussion date. All discussions will be held at Anne Gordon Center for Active Adults at Millbrook Exchange Park, unless otherwise noted on the schedule.
- Books can be purchased at Quail Ridge Book Store (4209-100 Lassiter Mill Rd, *Raleigh*). Tell them you are with the Read and Go program and receive a discount. Books can also be checked out of the Wake County Library.

### **For trip information, registration form, or to sign up for our mailing list:**

Raleigh Parks, Recreation and Cultural Resources Adult Program

Call: Five Points Center 919-996-4730

Anne Gordon Center 919-996-4720

Walnut Terrace Center 919-996-6160

Visit our website at [www.raleighnc.gov](http://www.raleighnc.gov), Keyword Search: *Adult Program*.

ReLink: To Register for discussions and trips online <https://relink.raleighnc.gov>.

# Read and Watch

Are you interested in going on a trip full of adventure, intrigue, love or sorrow without leaving the comforts of your chair. This program will center on reading a book that has been made into a movie. We will have a book discussion and then enjoy watching the movie!

## **The Zookeeper's Wife by Diane Ackerman (true story)**

**Monday, Jan 29, 2018 #203528**

When Germany invaded Poland, Stuka bombers devastated Warsaw—and the city's zoo along with it. With most of their animals dead, zookeepers Jan and Antonina Zabinski began smuggling Jews into empty cages. Another dozen "guests" hid inside the Zabinskis' villa, emerging after dark for dinner, socializing, and, during rare moments of calm, piano concerts. Jan, active in the Polish resistance, kept ammunition buried in the elephant enclosure and stashed explosives in the animal hospital. Meanwhile, Antonina kept her unusual household afloat, caring for both its human and its animal inhabitants—otters, a badger, hyena pups, lynxes.

## **A Dog's Purpose by W. Bruce Cameron**

**Monday, Mar 12, 2018 #219161**

This is the remarkable story of one endearing dog's search for his purpose over the course of several lives. Surprised to find himself reborn as a rambunctious golden haired puppy after a tragically short life as a stray mutt, Bailey's search for his new life's meaning leads him into the loving arms of 8 year old Ethan. During their countless adventures Bailey joyously discovers how to be a good dog. But this life as a beloved family pet is not the end of Bailey's journey. Reborn as a puppy yet again, Bailey wonders, will he ever find his purpose?

Heartwarming, insightful, and often laugh out loud funny, this book is not only the emotional and hilarious story of a dog's many lives, but also a dog's eye commentary on human relationships and the unbreakable bonds between man and man's best friend. This story teaches us that love never dies, that our true friends are always with us, and that every creature on earth is born with a purpose.

## **The Devil in the White City by Erik Larson (true story)**

**Monday, May 14, 2018 #219162**

The story tells of the incredible events surrounding the 1893 Chicago World's Fair. It is the stories of two men: Daniel H. Burnham, the architect responsible for the fair's construction, and H.H. Holmes, a serial killer masquerading as a charming doctor. Burnham's challenge was immense. In a short period of time, he was forced to overcome the death of his partner and numerous other obstacles to construct the famous "White City" around which the fair was built. His efforts to complete the project, and the fair's incredible success, are skillfully related along with entertaining appearances by such notables as Buffalo Bill Cody, Susan B. Anthony, Nikola Tesla and Thomas Edison. The activities of the sinister Dr. Holmes, who is believed to be responsible for scores of murders around the time of the fair, are equally remarkable. He devised and erected the World's Fair Hotel, complete with crematorium and gas chamber, near the fairgrounds and used the event as well as his own charismatic personality to lure victims.

## **The Mountain Between Us by Charles Martin**

**Monday, Oct 29, 2018 #219163**

On a stormy winter night, two strangers wait for a flight at the Salt Lake City airport. Ashley Knox is a successful writer, who is flying East for her much anticipated wedding. Dr. Ben Payne has just wrapped up a medical conference and needs to get back East for surgeries scheduled for the next day. The last flight is cancelled due to a broken deicer and a forthcoming storm. Ben finds a charter plane that can take him around the storm and drop him in Denver to catch a connection. When the pilot says the plane can fit one more, Ben offers the seat to Ashley. The unthinkable happens. The pilot has a heart attack mid-flight and the plane crashes into the High Uintas Wilderness, one of the largest stretches of harsh and remote land in the United States. Ben, who has broken ribs and Ashley, who suffers a terrible leg fracture, along with the pilot's dog, are faced with a harrowing battle to survive. Ben must nurse Ashley back to health and figure out how they are going to get off the mountain, where the temperature is in the teens. Ben in a long standing tradition, faithfully records messages for his wife on his voice recorder reflecting on their love affair. As Ashley eavesdrops on Ben's tender words she comes to fear that she's just settling. As the days on the mountains become weeks, their survival becomes increasingly perilous. How will they make it out of the wilderness and if they do, how will this experience change them forever?



# Frequently Asked Questions

- 1. Who can go on the Raleigh Parks, Recreation and Cultural Resources Adult Program Trips?** All of the trips that are offered through the Adult Program are geared towards adults 50+ years. However, anyone of adult age 18+ are welcome to enjoy our trips.
- 2. Do I have to be a City of Raleigh resident to go on an Adult Program trip?** No, you don't even have to be a North Carolina resident to participate in the trips. Any adult no matter where they reside can go on the trips. In fact if someone is interested in going on a multi-day trip they do not have to travel to Raleigh to go on that trip with us. We will work directly with the tour company to fly the person(s) from the closest larger airport to the destination arriving around the same time the main group is to arrive. There maybe a price difference (higher or lower) based on airlines cost.
- 3. Why are there no dates and prices listed with the trips in this brochure?** The Adult Program Trip Brochure goes out in October of the year before the trip year. All of the trips are planned and finalized throughout the trip year. Therefore, we are unable to include any specific detailed information about the trips in the brochure. We do our best to have the trip during the month that has been advertised, however unforeseen circumstances may arise with the facilities or events that may cause trip dates to change.
- 4. Are trip descriptions in this trip brochure what is actually going to be done on the trip?** Most of the time yes. The trip descriptions are a guideline to let you know what we are planning for a trip. At times trips have to be altered because of location availability or a new site becomes available. Since the trip brochure goes out prior to when the trips are being developed, site availability is not always known and new sites may open that we feel would add to the trip experience.
- 5. I am very interested in going on a trip listed in the trip brochure. How do I get the trip flier?** **\*NEW\*** To receive trip fliers and to be able to register for any trip, participants must turn in the new Yearly Trip Registration Form (see last page). Trip fliers will be sent out in bulk to individuals who have filled out the Yearly Trip Registration Form. This form must be done every year and will cover trips offered January 2018 to December 2018. This form can be done online or turned in at one of the Active Adult Centers. Unfortunately, due to record keeping this form can't be turned in at any other PRCR facility.  
**\*Any individual that wishes to register for any Adult Program trip must have a current Yearly Trip Registration Form on file with the Adult Program.**
- 6. What is the process if I want to register for an Adult Program trip but I haven't filled out this years Yearly Trip Registration Form?** Whether you are calling in to register over the phone or mail in your trip payment the staff will confirm that there is a current Yearly Trip Registration Form on file before you will be registered for a trip.  
**\*If there is not a current form on file for you then your payment will be taken and you will be placed on the waitlist. A spot will be held for you for the trip however, you will not be moved over from the waitlist to the trip list until your Yearly Trip Registration Form is completed, signed and turned in.**
- 7. I really want to go on a trip but there is no open space for the trip. What do I do?** You are always highly encouraged to get on the waitlist for any trips that are full. Spots frequently open for trips due to various reasons. Often, we are able to add more spots on a trip or add a second trip on another date. No money is required to be added to the waitlist for a full trip. Once a spot becomes available individuals on the waitlist will

# Frequently Asked Questions

be contacted in the order in which they were added to the waitlist. If the waitlisted patron is unable to go on the trip, the next patron on the waitlist will be called. This will continue until the spot is filled. We call for opened spots up until the day before a trip. At the time that a spot is accepted the patron will be registered (if they have a current Yearly Trip Registration Form) and payment will be taken.

8. **What do I need to do if I can't go on a trip in which I've already registered and paid?** To withdraw from a trip it must be submitted in writing or by email. Once the letter is received by the Recreation Program Manager, you will be withdrawn from the trip. All day trips follow the PRCR withdrawal guidelines listed on the Yearly Trip Registration Form. Multi-Day trip withdrawals follow the tour operators cancellation policy.
- 100% refund/credit/transfer if the Department cancels the program or the facility rental.
  - Refund requests received in writing at least 14 or more days in advance of the program/rental/team placement date are entitled to:
    - A. 100% credit or transfer of fees to another program at the time of the withdrawal;
    - B. 85% refund based on the total cost of the program or rental;
    - C. 85% credit/transfer/refund of eligible rental fees
  - Refund/credit/transfer requests received less than 14 days in advance of the program/rental/team placement date will not be granted.
  - Refunds for medical circumstances requested prior to the program/rental/team placement date will be granted at
9. **Do you offer one-on-one assistance or accept special requests?** The trip escorts cannot provide one-on-one assistance to the patrons. Trip escorts are responsible for all of the trip patrons as well as ensuring the trip remains on schedule. If you have a special need such as use of a wheelchair or dietary needs you must list these on the Yearly Trip Registration Form and trip registration form.
- \*Each trip flier lists the patron expectations, walking expectations, including volume and possible walking issues (steps, gravel paths, non-handicap accessibility facilities), as well as any schedule timeline requirements.
10. **Where do I catch the bus for a trip?** All of the trips leave from the Anne Gordon Center for Active Adults at 1901 Spring Forest Road, Raleigh located in the Millbrook Exchange Park.
- When you are parking for a trip we ask that you not park in the parking spaces in front or on the side of the center. These spots are used for the center patrons. Please park in the lower parking lot of the active adult center located closer to the Millbrook High School.
11. **What type of transportation is used for the trips and are there bathrooms available?** For all of the larger trips we use a chartered motorcoach. These coaches are equipped with a bathroom for your emergency use. For trips that have a smaller number of patrons or are within the Raleigh area we will use one of our department buses or vans. During all of our trips we offer a rest stop at least every 2 hours.

# 2018 Adult Program Yearly Trip Registration Form

☐ Raleigh Resident ☐ Non-resident Add \$15 to course. Non-resident fees do not apply to courses less than \$15.

Participant #1 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_ ☐ Male ☐ Female

I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: \_\_\_\_\_

\_\_\_\_\_ I request ADA accommodation for the disability/medical condition listed. ☐ Yes ☐ No

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ \*Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

Individuals living at the same address may use same Yearly Trip Registration Form

Participant #2 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_ ☐ Male ☐ Female

I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: \_\_\_\_\_

\_\_\_\_\_ I request ADA accommodation for the disability/medical condition listed. ☐ Yes ☐ No

Cell Phone \_\_\_\_\_ \*Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

The City of Raleigh Parks, Recreation and Cultural Resources Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and will provide reasonable accommodations to facilitate participation in our programs. To ensure that reasonable accommodations are in place, program registration or accommodation request should be received at least two weeks prior to the start date of the program. For more information please contact Inclusion Services 919.996.2147

Pictures or video may be taken of participant for use in program publicity. ☐ Please check, if you do not approve

Registration Receipt: (for mail-in) I would like my receipt (please check one) ☐ emailed (valid email address required) ☐ printed/mailed

\* By providing my email address I agree to receive email communication from Raleigh Parks, Recreation and Cultural Resources.

## Registration

Register Participant(s): \_\_\_\_\_ to receive trip fliers/registrations for the trips indicated by the participant(s) initial. Understood by initialing, the Yearly Trip Registration Form covers all 2018 Adult trips January to December.

## Trip Fliers/Registration

Adult Program 2018 Trips

## Registration barcode

#219182

## Patron #1 initials

\_\_\_\_\_

## Patron #2 initials

\_\_\_\_\_

## Non-Discrimination Policy

The policy of the City of Raleigh is, and shall be, to oppose any discrimination based on actual or perceived age, mental or physical disability, sex, religion, race, color, sexual orientation, gender identity or expression, familial or marital status, economic status, veteran status or national origin in any aspect of modern life. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with either the Director of Raleigh Parks, Recreation and Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240

## Release, Indemnity, and Agreement Not to Sue

I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, and musculoskeletal injuries, among others. I choose for myself or for my child to participate in the selected programs despite the risks.

By signing the Program Registration form, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the teachers and supervisors of the program.

In return for the opportunity to participate in this program, I agree for myself and for my heirs, assigns, executors, and administrators to release, waive, and discharge any legal rights I may have to seek payment or relief of any kind from the City, its employees or its agents for injury, illness, or death resulting from this program. If I am registering a child for a program, I agree that I am a parent, legal guardian, or am otherwise responsible for the child whose application I am submitting and that I release, waive, and discharge any legal rights that I may assert on behalf of the child participation in the program. I also agree not to sue the City, its employees, or its agents and agree to indemnify the City for all claims, damages, losses, or expenses, including attorney's fees, if a suit is filed concerning an injury, illness, or death to me or to my child resulting from participation in the program.

By signing below, I acknowledge that I have read, understand, and agree to the City of Raleigh policies listed on this form.

*\*Signature is required to complete the registration process.*

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

**Return by mail to:** Adult Program 2000 Noble Road Raleigh NC 27608

**Walk-In:** Anne Gordon Center 1901 Spring Forest Road

Five Points Center 2000 Noble Road



City of Raleigh  
Parks, Recreation and  
Cultural Resources Department  
PO Box 590  
Raleigh NC 27602  
Seniors 6600

PRSRT STD  
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**RALEIGH** Parks,  
Recreation and  
Cultural Resources  
[parks.raleighnc.gov](http://parks.raleighnc.gov)



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